SUNDAY	
6:00PM	***New Life Group***, 1808 Roselawn Ave, Monroe, LA, 71201 (O,BK,NS) *Serenity Area*
8:00PM	***Stone Free Group***, Survivors Club, 1321 Airline Drive, Bossier City, LA, 71112 (O,CS,D,WC,NS)
MONDAY	
NOON	***Unloaded Group***, Survivors Club, 1321 Airline Drive, Bossier City, LA, 71112
5:00PM	***No Matter What Group***, Farmerville United Methodist Church, 301 Anthony St, Farmerville, LA, 71241 (O,D,NS) *Serenity Area*
7:00PM	***Black Sheep Group***, 12 Step Club, Do not use Kaye St. It is closed, 328 2nd Street Pinehill, Springhill, LA, 71075 (O,CS,D,NS,LT) *Serenity Area https://blacksheepna.org*
8:00PM	***Care and Share Group***, Survivors Club, 1321 Airline Drive, Bossier City, LA, 71112 (O,CS,WC,BK,NS,LT)
TUESDAY	
NOON	***Unloaded Group***, Survivors Club, 1321 Airline Drive, Bossier City, LA, 71112
7:00PM	***New Life Group***, 1900 Club, 1900 Pine St, Monroe, LA, 71201 (O,D,NS) *Serenity Area*
8:00PM	***No Name Group***, Survivors Club, 1321 Airline Drive, Bossier City, LA, 71112 (O,CS,D,WC,NS)
WEDNESDAY	
10:00AM	***Ugly Duckling Group***, 222 S Pine St, Magnolia, AR, 71753 (D,To,NS) *Serenity Area*
7:00PM	***Black Sheep Group***, 12 Step Club, Do not use Kaye St. It is closed, 328 2nd Street Pinehill, Springhill, LA, 71075 (O,CS,D,WC,NS) *Serenity Area https://blacksheepna.org*
8:00PM	***Care and Share Group***, Survivors Club, 1321 Airline Drive, Bossier City, LA, 71112 (O,CS,D,WC,NS)
THURSDAY	
10:00AM	***Ugly Duckling Group***, 222 S Pine St, Magnolia, AR, 71753 (D,To,NS) *Serenity Area*
6:30PM	***Unloaded Group***, Riverpark Church, 3232 E 70th Street, Shreveport, LA, 71105
7:00PM	***Black Sheep Group***, 12 Step Club, Do not use Kaye St. It is closed, 328 2nd Street Pinehill, Springhill, LA, 71075 (O,CS,D,WC,NS) *Serenity Area https://blacksheepna.org*
7:00PM	***Hope Group***, Homer City Hall, 400 E Main St, Homer, LA, 71040 (O,B,NS) *Serenity Area*
7:00PM	***New Life Group***, 1900 Club, 1900 Pine St, Monroe, LA, 71201 (O,D,NS) *Serenity Area*
8:00PM	***Stone Free Group***, Survivors Club, 1321 Airline Drive, Bossier City, LA, 71112 (O,CL,CS,SD,WC,NS)
FRIDAY	
10:00AM	***Ugly Duckling Group***, 222 S Pine St, Magnolia, AR, 71753 (D,To,NS) *Serenity Area*
NOON	***Unloaded Group***, Survivors Club, 1321 Airline Drive, Bossier City, LA, 71112
5:00PM	***No Matter What Group***, Farmerville United Methodist Church, 301 Anthony St, Farmerville, LA, 71241 (O,D,NS) *Serenity Area*
7:00PM	***Moving Forward Group***, 301 Boundary St, Magnolia, AR, 71753 (O,To,NS)
7:00PM	***Unloaded Group***, Survivors Club, 1321 Airline Drive, Bossier City, LA, 71112 (O,CS,SD,WC,NS)
SATURDAY	
10:00AM	***Crossroads Group of NA***, Gratitude House, 1501 White St, Ruston, LA, 71270 (D,To,NS) *Serenity Area*
10:00AM	***Principles Before Personalities***, St Luke United Methodist Church, 6012 Youree Dr., Shreveport, LA, 71105 (O,BT,CS,BK,NS,LT)
7:00PM	***Black Sheep Group***, 12 Step Club, Do not use Kaye St. It is closed, 328 2nd Street Pinehill, Springhill, LA, 71075 (O,CS,D,WC,NS) *Serenity Area https://blacksheepna.org*
7:00PM	***New Life Group***, 1808 Roselawn Ave, Monroe, LA, 71201 (O,D,NS) *Serenity Area*
7:00PM	***Stone Free Group***, Survivors Club, 1321 Airline Drive, Bossier City, LA, 71112 (O,CS,WC,NS,LT)

LT	Literature Study	B	Beginners
BT	Basic Text	CL	Candlelight
CS	Children under Supervision	D	Discussion
O	Open	SD	Speaker/Discussion
To	Topic	WC	Wheelchair
NS	No Smoking	BK	Book Study

Who Is an Addict?

Most of us do not have to think twice about this question. We know! Our whole life and thinking was centered in drugs in one form or another—the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: jails, institutions, and death.

What Is the NA Program?

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs.

There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work. There are no strings attached to NA. We are not affiliated with any other organizations. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion, or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

Why Are We Here?

Before coming to the Fellowship of NA, we could not manage our own lives. We could not live and enjoy life as other people do. We had to have something different and we thought we had found it in drugs. We placed their use ahead of the welfare of our families, our wives, husbands, and our children. We had to have drugs at all costs. We did many people great harm but most of all we harmed ourselves. Through our inability to accept personal responsibilities we were actually creating our own problems. We seemed to be incapable of facing life on its own terms.

Most of us realized that in our addiction we were slowly committing suicide, but addiction is such a cunning enemy of life that we had lost the power to do anything about it. Many of us ended up in jail or sought help through medicine, religion, and psychiatry. None of these methods was sufficient for us. Our disease always resurfaced or continued to progress until in desperation we sought help from each other in Narcotics Anonymous.

After coming to NA, we realized we were sick people. We suffered from a disease from which there is no known cure. It can, however, be arrested at some point and recovery is then possible.

PHONE NUMBERS

Suggestions:

- Don't Use! No Matter What!
- Attend Meetings Regularly
- 90 meetings in 90 days
- Get some N.A. Literature and read it
- Avoid people & places with/where you used
- Get and Use a Sponsor
- Before using, call someone in N.A.
- Keep coming back! It works!

" Who is an Addict", "What is the Narcotics Anonymous Program?", "Why are We Here?", "How It Works", "The Twelve Traditions of NA", "Just For Today", & "We Do Recover" are all Reprinted from the Little White Booklet, Narcotics Anonymous. © 1986 by Narcotics Anonymous World Services, Inc., PO Box 9999, Van Nuys, CA 91409 -- all rights reserved.

North Louisiana Area & Serenity Area

NA Helpline:

1-585-DONT-USE

(1-585-366-8873)

North Louisiana Area Website: www.nlana.net

Serenity Area Website: www.serenityna.org

Regional Website: www.larna.org

North Louisiana Meetings

Serenity Area currently has 16 meetings in **Farmerville, Homer, Ruston, Springhill, Monroe, LA, & Magnolia, AR.** North Louisiana Area has 14 meetings in **Shreveport and Bossier City. Combined they have 28 per week.** The meetings as of NOVEMBER 21 2026 are listed in this pamphlet.

The Narcotics Anonymous message is "that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live."

Our name, Narcotics Anonymous, is not meant to imply a focus on any particular drug; NA's approach makes no distinction between drugs including alcohol. Membership is free and we have no affiliation with any organizations outside of NA including governments, religions, law enforcement groups, or medical and psychiatric associations. Through all of our service efforts and our cooperation with others seeking to help addicts, we strive to reach a day when every addict in the world has an opportunity to experience our message of recovery in his or her own language and culture.

If you **ARE** an addict or **THINK** you **MIGHT** be an addict, then call our help line to speak to someone or better yet, just **come to a meeting!!!**